



Fitzwilliam FoodTEST

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Exclusive Provider of
Cambridge Nutritional Sciences
Services in Ireland

93 Food Test — Cost: €275

Dairy & Eggs:	Egg White, Egg Yolk, Milk (Cow's), Milk (Goat's), Milk (Sheep's)
Grains:	Barley, Buckwheat, Corn (Maize), Durum Wheat, Gluten, Millet, Oat, Rice, Rye, Spelt, Wheat
Fish & Seafood:	Cod, Crab, Herring, Haddock, Lobster, Mackerel, Mussel, Plaice, Salmon, Shrimp/Prawn, Sole, Tuna
Meat:	Beef, Chicken, Lamb, Pork, Turkey, Venison
Fruit:	Apple, Avocado, Banana, Blackberry, Blackcurrant, Grape, Grapefruit, Kiwi, Lemon, Melon, Olive, Orange, Peach, Pear, Pineapple, Raspberry, Strawberry
Vegetables:	Aubergine, Bean (Green), Bean (White Haricot), Beetroot, Broccoli, Cabbage (Savoy/White), Carrot, Cauliflower, Celery, Cucumber, Leek, Lentil, Lettuce, Onion, Pea, Peppers, Potato, Soya Bean, Tomato
Nuts & Seeds:	Almond, Brazil Nut, Cashew Nut, Coconut, Hazelnut, Peanut, Rapeseed, Sesame Seed, Sunflower Seed, Walnut
Herbs & Spices:	Chilli (Red), Garlic, Ginger, Nutmeg, Peppercorn, Vanilla
Other:	Carob, Cocoa Bean, Coffee, Mushroom, Tea (Black), Yeast (Baker's), Yeast (Brewer's)